EVALUATION IN ADAPTED PHYSICAL EDUCATION

WHAT IS ADAPTED PHYSICAL EDUCATION?

Adapted Physical Education

is the art and science of developing and implementing a carefully designed physical education instructional program for an individual with a disability, based on a comprehensive evaluation, to give the individual the skills necessary for a lifetime of rich leisure, recreation, and sport experiences (Auxter, Pyfer, and Huettig, 2001).

DO YOU HAVE TO ASSESS A STUDENT BEFORE PLACING A STUDENT IN APE?

YES IDEA 300.304 (c)(4)

The child is assessed in all areas related to the suspected disability, including, if appropriate, health, vision, hearing, social, and emotional status, general intelligence, academic performance, communication status, and motor abilities.

Furthermore…

Best Practices

Students for whom some or all of the TEKS of physical education are not appropriate will need an APE evaluation. The goals and objectives for physical education should be developed as a result of the evaluation. They may include modified TEKS or unique goals specific to the child's need.

WHO CAN REFER A STUDENT FOR EVALUATION IN APE?

Anyone suspecting a deficiency in the areas related to physical education as defined below should speak with the student's case manager.

WHAT AREAS NEED TO BE ASSESSED DURING AN APE EVALUATION?

IDEA 300.38 (a) (ii)

"Physical Education" is defined as follows:

The term means the development of:

(A) Physical and motor fitness

(B) Fundamental motor skills and patterns: and

(C) Skills in aquatics, dance, and group games and sports (including intramurals and lifetime sports).

WHO CAN PERFORM AN APE EVALUATION?

IDEA 300.304 (c)(1)(iv)(v)

Any standardized tests that are given to a child are administered by trained and knowledgeable personnel in accordance with any instructions provided by the producer of the tests.

DO YOU NEED PARENTAL CONSENT FOR TESTING?

YES IDEA 300.300 (a) & IDEA 300.507 (c)

Consent means

1. The parent has been fully informed of all information relevant to the activity for which consent is sought, in his or her native language, or other mode of communication.

2. The parent understands and agrees in writing to the carrying out of the activity for which his or her consent is sought, and the consent describes that activity and lists the records (if any) that will be released and to whom.

IS APE EVALUATION REQUIRED AS PART OF THE COMPREHENSIVE INDIVIDUAL EVALUATION?

IDEA 300.304 (c) (4)

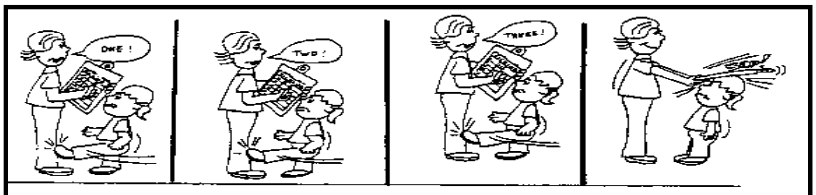
The child is assessed in all areas related to the suspected disability, including, where appropriate, health, vision, hearing, social and emotional status, general intelligence, academic performance, communicative status, and motor abilities.

FOR A STUDENT WITH A DISABILITY RECEIVING APE, DO YOU NEED TO REASSESS IN THREE YEARS?

IDEA 300.303(a)(1)(2)&(b)(1)(2)

Not more frequently than once a year unless a parent and LEA agree
At least once every 3 years unless the parent and LEA agree.

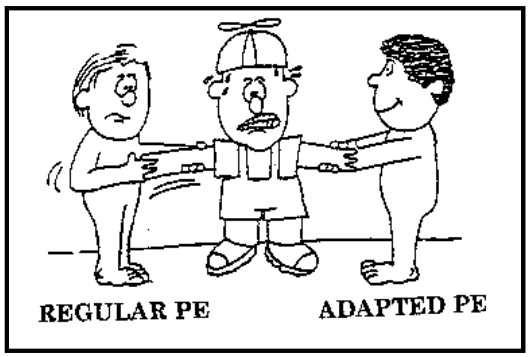
EVALUATION



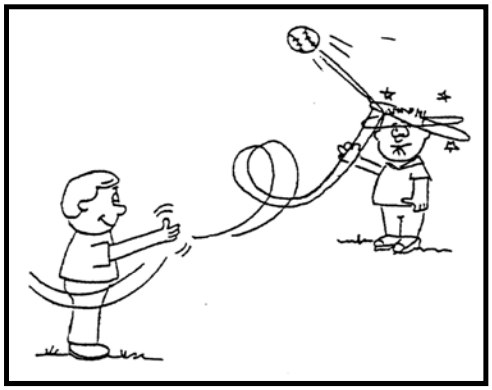
Formal comprehensive examination which is used for the purposes of:

Evaluation includes collecting information from screening and testing instruments, observation, community based and ecological survey report, review of records, consult with parents, and then using that information to identify a student's need.

Placement

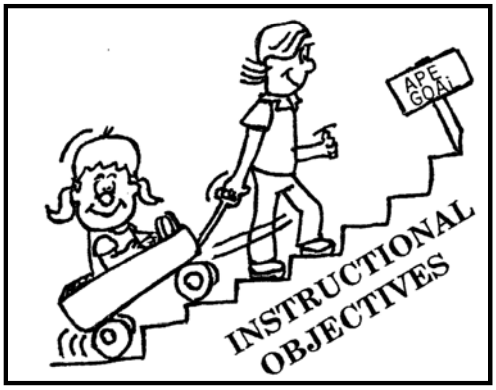


Diagnosis



Prediction

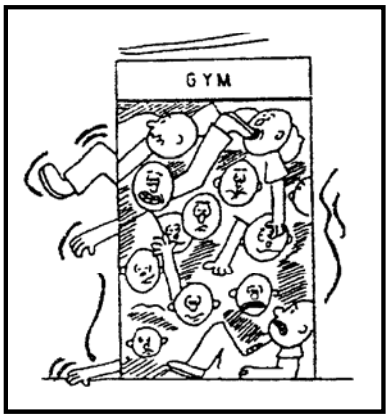
Measuring Achievement



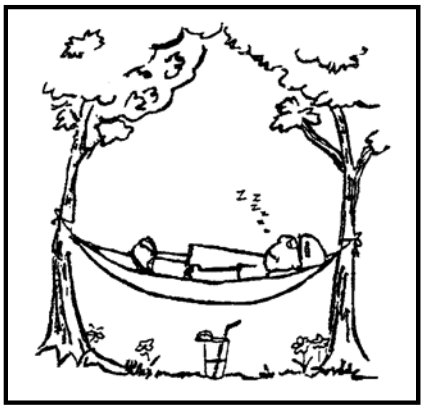
Program Planning

SETTING THE PARAMETERS OF A GOOD EVALUATION

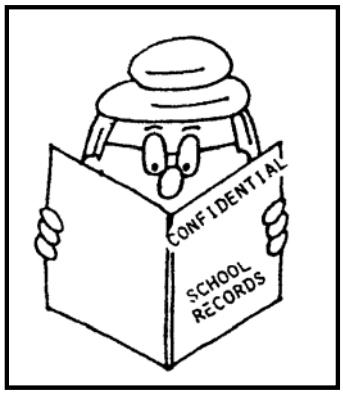
Good Environment



Student At Ease



Obtain Knowledge



HELPFUL STEPS DURING EVALUATION

Use an instrument which will provide you with some baseline information

- **Combine test results with overall knowledge of each student**
- **Recognize the importance of non physical /motor factors that influence test results**
- **Validate test findings by asking student to perform various activities related to specific test items.**

Evaluation Tools

What kind of information do you need?

- **What tool will measure appropriate area's?**
- **What tool will provide baseline information?**
- **What tool can be administered given the space and equipment available?**

TYPES OF EVALUATION TOOLS

Norm Referenced

Advantages:

Permits comparison with a sampling population.
Black and white.

Disadvantages:

Can give little information as to specific deficiencies.

Criterion-Referenced Test

Advantages:

Useful for instructional purposes

Easy to generate individual prescriptions

Disadvantages:

Open to interpretation

HOW DO YOU CHOOSE THE MOST APPROPRIATE PROTOCOLS?

Use of the proper evaluation tool(s), development of appropriate goals and objectives, and the subsequent programming activities have to start with a personal philosophy that is congruent with the most widely accepted definition and/or mission of Adapted Physical Education

MISSION OF APE

Provide opportunities and experiences that develop skills that can be used to participate in independent recreational physical activity in community settings.

Most Importantly…..

Will the protocols cover all the areas you feel are important to address in the PLAAF statement and subsequent goals/objectives?

With That in Mind, Let's Review the Following Adapted PE Protocols

Competency Testing for Adapted Physical Education (CTAPE)
Project Mobility
The Functional Motor Assessment
Region 10 Low Motor Evaluation
The Test of Gross Motor Development (TGMD)
CTAPE Supplement
Louisiana Motor Assessment for Preschoolers (LaMAP)
Adapted Physical Education Scale – Preschool
Region 10 APE Evaluation for Visually Impaired
Region 10 APE Evaluation for Wheelchair Users
Region 10 Lifetime Leisure Supplement

WHAT DOES THE EVALUATION DATA TELL YOU?

If norm referenced tests are used……

Each individual test usually provides a scale that determines whether intervention is necessary and , if so, how much.

If criterion referenced tests are used……

Is there a certain percentage of test items that need to be passed?

Does the student need to fall so many years behind non-disabled peers?

WHAT IS THE APPROPRIATE PLACEMENT?

Law requires that….

Physical Education be provided in the least restrictive environment.

Is Physical Education Required For <u>All</u> Students?

IDEA 300.108 (a)

a.) General.

"Physical education services, specially designed if necessary, must be made available to every child with a disability receiving a free appropriate public education".

b.) Regular Physical Education

Each child with a disability must be afforded the opportunity to participate in the regular physical education program available to non-disabled children unless:

1.) The child is enrolled full time in a separate facility;

or

2.) The child needs specially designed physical education as prescribed in the child's IEP

Continuum of Services

Level 1 Regular Physical Education (RPE)

Level 2 RPE with APE consultation

Level 3 APE direct services in RPE

Level 4 Part-time APE/Part-time RPE

Level 5 Reverse Mainstreaming

Level 6 Self-contained APE

Other Factors Affecting Placement

- Class size
- Attitude of P.E. Teacher
- Physical Environment
- Nature of the Curriculum
- Inclusion Philosophy
- Students Interest in Physical Education

WHEN MUST PHYSICAL EDUCATION BE DESCRIBED OR REFERRED IN AN IEP?

IDEA 300.108 (a)

If a student with a disability can participate fully in the regular PE program without any special modifications to compensate for the student's disability, it would not be necessary to describe or refer to PE in the IEP.

On the other hand, if some modifications to the regular PE program (TEKS) are necessary for the student to be able to participate in that program, those modifications must be described in the IEP, and goals and objectives are required.

If a student with a disability needs a specially designed PE program, that program must be addressed in all applicable areas of the IEP

WHY IS AN IEP NECESSARY?

IDEA 300.108 (a)

…each public agency shall have in effect an individualized education program for every child with a disability who is receiving special education from that agency.

A REMINDER:

You can modify:

- **PACING**
- **METHODS**
- **MATERIALS**

When you modify content ....

(leaving out Texas Essential Knowledge and Skills)

.... an IEP is required.